



# HEALTH & SAFETY



## ALERT



### Safety Tips for the Holiday Period

Winter is perhaps the most problematic of the seasons, not least because of the hazards that cold conditions can present to people who are out and about but also for the excitement and distraction of the up and coming holiday season, where focus can be elsewhere and where safety isn't top-of-mind. Here are tips to maintain your FOCUS on yours and others health and safety this holiday season.



Discuss site specific risk of winter working and the holiday period with your team



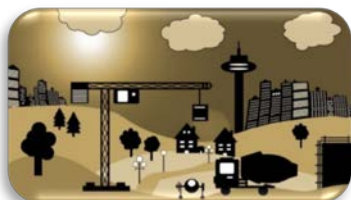
Know the person who is on call if something goes wrong



Ensure your area on site is secure at all times



Consider the security of your plant and equipment and if plant is to remain on site, immobilise it to stop unauthorised access.



Consider how the shorter days will affect your travel to work and your site set up. Check that you have the correct access, task and emergency lighting



Keep warm both at home and at work. Ensure that there is always a warm place to take a break and access to warm drinks



DON'T take the risk with Drink and Drugs. Never drink and drive



Be aware of potential fire hazards, both at home and at work over the period



Take care when returning to work. Ensure that procedures are refreshed and re-briefed



Warm up before you return to physical work



Inspect the site at the start of the shift. Walk the site with your team before commencing

